

Thank You

I hope that you found [*After a Good Man Cheats: How to Rebuild Trust & Intimacy With Your Wife*](#) useful.

Please feel free to contact me with any feedback you may have: therapyburbank@gmail.com. I'd love to hear from you what in particular you found helpful and what you think should be included in future versions.

All my best,

Dr. Caroline

Works Cited or Used for Inspiration

Buehlman, K., [Gottman](#), J. M., & Katz, L. (1992). How a couple views their past predicts their future—predicting divorce from an oral history interview. *Journal of Family Psychology*, 5(3-4), 295-318.

Post-traumatic Stress Disorder. (n.d.). Mayo Clinic: Diseases and symptoms. Retrieved from <http://www.mayoclinic.org/diseases-conditions/post-traumatic-stress-disorder/basics/symptoms/con-20022540>

Rider, K. V. (2011). Using a metaphor to help couples rebuild trust after an affair. *Journal of Family Psychotherapy*, 22(4), 344-348. doi: 10.1080/08975353.2011.627804

Snyder, D. K., Baucom, D. H., & Gordon, K. C. (2007). [*Getting past the affair: A program to help you cope, heal, and move on—together or apart*](#). Guilford Press: New York.

Vaughan, P. (2003). [*The monogamy myth: A personal handbook for recovering from affairs*](#). Third edition. William Morrow: New York.

Zemon Gass, G., & Nichols, W. C. (1988). Gaslighting: A marital syndrome. *Contemporary Family Therapy*, 10(1), 3-16.

Recommended Reading

How Can I Forgive You?: The Courage to Forgive, the Freedom Not To (Paperback – 2005) by [Janis A. Spring](#)

Transcending Post-infidelity Stress Disorder (PISD): The Six Stages of Healing (Paperback, 2009) by [Dennis C. Ortman](#)

Surviving an Affair (Hardcover, 2013) by [Willard F. Jr. Harley](#) and [Jennifer Harley Chalmers](#)

Divorce Busting: A Step-by-Step Approach to Making Your Marriage Loving Again (Paperback, 1993) by [Michele Weiner-Davis](#)

Not Just Friends: Rebuilding Trust and Recovering Your Sanity after Infidelity (Hardcover, 2010) by [Shirley Glass](#)

About the Author

Dr. Caroline Madden, MFT is a Los Angeles-based pro-marriage therapist and author of several relationship books. She specializes in helping marriage survive and thrive after an affair. For more information about her and her relationship coaching services, please visit her author website:
<http://www.CarolineMadden.com>.

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